

CITC ACTIVITY PACK

ACTIVE AT HOME



Be Active

EQUIPMENT:

Paper and pen Variety of household objects

PREPARATION:

Start by drawing a map of the area that is going to be used

A grown-up then goes around the areas on the map and hides an object, this could be an item of clothing or other household items

Whilst hiding the item, they must also mark down on the map where abouts this item is





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ACTIVITY:

Once the items are hidden, its then over to the children to find the items. They can either bring them back or they can write on their map what they found



Treasure hunt, can be played with a sibling or a grown-up. Take it in turns to hide and find the items

Instead of using household items, grown-ups could write a numeracy sum on a piece of paper and the child has to try and work it out

You could hide letters and once all letters are found you then have to create a word using only the letters found

Let us know how you get on with this challenge @citctweets